

February 16, 2020 Epiphany Season of Light 9:45 AM

PRELUDE

SHARING OUR FELLOWSHIP

Dan Griset

INTROIT

Adrian Rangel-Sanchez and Jeffrey Segal

CALL TO WORSHIP

Malia Cary, Liturgist

One: Everything in this world is both attractive and non-attractive, light and darkness, passing and eternal, life and death, all at the same time.

Many: **Physically, biologically, philosophically, everything has different sides, levels, truths, perspectives and potential for growth.**

One: You and I are living paradoxes, and therefore we are in the best position spiritually to see ourselves in all of reality, even in our enemies.

Many: **If we can hold and forgive the contradictions and divisions within ourselves, we can learn to do it elsewhere too.**

One: If we cannot do it within ourselves, we will actually create, project and revel in differences everywhere and in everyone else too.

Prayer **Eternal One, may each of us be so fortunate as to be overtaken by Your Divine Presence in the midst of life's routine. Extinguish illusions of separateness that perpetrate our fears. Let us be born into a new and true awareness of who we really are: one with all forever. May we be people who recognize the divine in other lives too, so that together we might know the freedom of being children of heaven. In Christ name we pray. Amen.**

OPENING SONG (stand if able) *The Hammer Song*

Please greet those around you after the song, then be seated.

WORDS OF WELCOME

Pastor Mike Holland

SPECIAL MUSIC

God You Are

By Daniel Nahmed

Brandon Alvidres and Adrian Rangel-Sanchez

SACRAMENT OF HOLY COMMUNION by Intinction

All worshipers are invited to participate. Please come forward down the center aisle, row by row. Break off a piece of bread, or take a gluten-free wafer, and either dip in chalice and eat, or, eat piece of bread or gluten-free wafer, and then take a grape and eat.

When finished, please return to your seat by the outside aisle.

Those unable to come forward will be served where they are.

Invitation

Pastor Mike

Meditation & Prayer

Stephanie Brown, Elder

Words of Institution and Sharing of the Elements

Prayer of Thanksgiving

We give thanks, gracious God, for refreshing us at Christ's table, strengthen our faith, increase our love, and send us forth in peace and for justice. Amen.

CHURCH SCHOOL Children & Youth excused to classes

Go, our children, with our blessing, God's light to be. Grow in love and love by serving, joyful and free. Here the Spirit's power filled you, here with tender comfort stilled you. Go, our children, with our blessing, God's light to be.

MORNING PRAYERS

Sharing Joys & Concerns

Pastoral Prayer

Unison Prayer

(by Mother Teresa, adapted from the Hindu Upanishads)

Lead me from the unreal to the real,

Lead me from darkness to light,

Lead me from death to life, from falsehood to truth

Lead me from despair to hope, from fear to trust.

Lead me from hate to love, from war to peace.

Let peace fill our heart, our world, our universe.

Peace, Peace, Peace.

Quiet Meditation

Matthew 5:38-48

MESSAGE *Spiritual Implementation* Pastor Mike Holland

HYMN OF DISCIPLESHIP *Spirit, Spirit of Gentleness* Page 286
(Please stand if able)

A TIME FOR GIVING

(Online giving is an option through churchofthefoothills.org)

Offertory Adrian Rangel-Sanchez and Jeffrey

Segal

Receiving of Gifts (please stand if able)

**Give thanks with a grateful heart,
give thanks for the Holy One,**

Give thanks because God’s given so much love to us.

(repeat)

(ending) Give Thanks!

BENEDICTION Pastor Mike Holland

CONGREGATIONAL RESPONSE

We shall overcome, we shall overcome,

We shall overcome some day;

Oh, deep in my heart, I do believe,

We shall overcome some day.

We’ll go hand in hand, we’ll go hand in hand,

We’ll go hand in hand some day

Oh, deep in my heart, I do believe

We’ll go hand in hand some day.

POSTLUDE Adrian Rangel-Sanchez and Jeffrey Segal